# WiCyS 2023

#role-join WiCyS
#signin wieys





ROCHESTER INSTITUTE OF TECHNOLOGY STUDENT CHAPTER

## Schedule!

#### **Weekly Meetings**

Wednesdays at 7:00 PM in GCI Security Lab Golisano Hall 2740



**Official WiCyS Website** 



**RIT WiCyS Website** 

WiCyS@RIT 2022-2023 Spring Semester Schedule Meetings at 7:00pm in GCI Security Lab Golisano Hall 2740

25 JanuarySemester1 FebruaryIntro to F8 FebruaryMaximized15 FebruaryBuilding22 FebruarySOC Talk1 MarchPreparing8 MarchMidterm15 MarchNo Meet22 MarchHomelab29 MarchMaking t5 AprilIntro to F12 AprilThe Art of19 AprilEboard E26 AprilSpring Fi

Semester Goals Intro to Red Team Maximize your College Experience Building a CTF Challenge SOC Talk Preparing for Interviews Midterm Madness No Meeting - WiCyS Conference Homelabbing with Ashley Making the Most of Your Co-op Intro to Pentesting The Art of Fiddling Eboard Elections Spring Final Fun



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### Announcements

- Ops Program is recruiting!
  - Excellent opportunity to build technical knowledge
  - Signup link is on the RITSEC discord in #annoucements
  - Deadline to apply is **next Friday, February 3, 2023**.
- John Deere Cyber Tractor Challenge
  - "John Deere is hosting a week-long invitational (June 26-30) event for students to take cybersecurity classes and perform assessments on our autonomous embedded technologies"
  - All expenses paid: Free Travel, Free Stay, Free Food
  - Deadline to <u>apply</u> is March 13, 2023

## Announcements (Pt. 2)

- WiCHacks!!!
  - "A women and gender-minorities 24-hour hackathon hosted by Women in Computing at RIT. A hackathon is a collaborative programming event in which participants create an app, website, game, or other piece of software over the course of the event."
  - Open to all skills levels, it's an excellent opportunity to learn and win cool prizes and free swag
  - Takes place March 4-5, 2023
- Movie Night!
  - Fill out the when-to-meet for next week in #wicys-announcements

### Who are we?

Michael "Atilla" Vaughan

Jason Howe Ashley Nikirk







## What is Red Team?

What makes a good red teamer?

What goes into tool dev?

## What is Red Team?

- Group of people with an Offensive Security Mindset
- Given a task of breaking into a system or network
  - Generally trying to test the blue team/defenders
- Not focused on being quiet, but not being really loud either
- Will deploy on Windows, Linux, and Networking Devices
- Lateral Movement
- Lots of C2s, implants
- Persistence, Persistence, Persistence
  - One is None and Two is One



## Making A Good Red Teamer

- Be Creative
- Be Committed
  - Be reliable
- Be Collaborative
- Be Curious



"If you know the enemy and know yourself, you need not fear the result of a hundred battles. If you know yourself but not the enemy, for every victory gained you will also suffer a defeat. If you know neither the enemy nor yourself, you will succumb in every battle." – Sun Tzu

#### What Goes Into Tool Dev?

- Get inspiration for what you want to write
  - Look at MITRE ATT&CK framework and read APT reports
  - Red Team tool ideas repo
  - Watch conference talks
  - Threat Intelligence Blogs and #infosec
- Pick a programming language
  - Just start writing
  - Ask older people for help when you get stuck





#### **Example: Father**

- Question: How does a rootkit work?
  - Googled this (Found blogs and MITRE ATT&CK framework)
    - Found tons of information
  - Kernel vs User mode
  - Function Hooking





#### **Example: Father**

- Process
  - Choose a type (Kernel or User mode)
  - Learn to hook a function
  - Find important functions to hook
    - Source code / Google
    - Reverse engineering (Windows)
- Write down everything you don't know
  - Research what is on the list when you have time



#### MITRE ATT&CK

#### **Competitions**

- Need to be fair to all teams
- Break schedule
  - Need to confirm every attack with the Red Team Chief(s)
- Never intentionally brick things
  - Respect Black Team
- Show up on time to deploy and comp
- Test your tools before you deploy ->





## **Tool Demos**

#### **Tool Demo: Bifrost**

- Flasked based HTTPS C2 with a malleable agent
  - Async reverse shell
  - Built-in PWNboard

							Bifrost PWNboard			
Hosts	Team 1	Team 2	Team 3	Team 4	Team 5	Team 6	Team 7	Team 8		
MySQL	10.1.2.3	10.2.2.3	10.3.2.3	10.4.2.3	10.5.2.3	10.6.2.3	10.7.2.3	10.8.2.3		
FTP	10.1.2.4	10.2.2.4	10.3.2.4	10.4.2.4	10.5.2.4	10.6.2.4	10.7.2.4	10.8.2.4		
HTTP Dev	10.1.2.10	10.2.2.10	10.3.2.10	10.4.2.10	10.5.2.10	10.6.2.10	10.7.2.10	10.8.2.10		
HTTP Web	10.1.2.2	10.2.2.2	10.3.2.2	10.4.2.2	10.5.2.2	10.6.2.2	10.7.2.2	10.8.2.2		
SSH/ICMP 1	10.1.1.10	10.2.1.10	10.3.1.10	10.4.1.10	10.5.1.10	10.6.1.10	10.7.1.10	10.8.1.10		
SSH/ICMP 2	10.1.1.40	10.2.1.40	10.3.1.40	10.4.1.40	10.5.1.40	10.6.1.40	10.7.1.40	10.8.1.40		
LDAP/DNS	10.1.1.60	10.2.1.60	10.3.1.60	10.4.1.60	10.5.1.60	10.6.1.60	10.7.1.60	10.8.1.60		
WinRM 1	10.1.1.70	10.2.1.70	10.3.1.70	10.4.1.70	10.5.1.70	10.6.1.70	10.7.1.70	10.8.1.70		
WinRM 2	10.1.1.80	10.2.1.80	10.3.1.80	10.4.1.80	10.5.1.80	10.6.1.80	10.7.1.80	10.8.1.80		





Bifrost> command RCE> whoami [+] new job started with id 7 RCE>

[\*] job with id 7 finished with output: sapphic

RC

## **Red Team Story Time**

### Questions